**Taren E. Eddy, M.D.**

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February 14, 2014

To the husband of Miss Jane,

I wish to inform you about my recent studies of your wife Jane’s behavior. After careful evaluation and consideration, I have determined that Jane suffers from ***Postpartum Depression***, ***Schizophrenia***, and ***emotional abuse***.

Your wife delivered a healthy baby boy just a few short months ago. After the birth, her condition worsened and her emotional state has been in more distress. She “cannot be with him”, because “it makes [her] so nervous” (Gilman, 2). An emotional and physical connection to one’s baby is a typical part of motherhood, which is something she is not experiencing. She talked about a woman named “Mary,” who is “so good with the baby” (Gilman, 2). Although the baby is getting the care that he so desperately needs, your wife needs to be in close proximity to the baby in order to feel a connection.

The symptom that your wife is displaying that is the most devastating to all who are involved is Schizophrenia. Some typical symptoms include hallucinations, voices inside one’s head, paranoia, and mood swings. Jane displays all of these symptoms in one way or another. Simply looking at wallpaper causes her to get “positively angry,” when only moments before she was feeling “tired” and “discourage[ed]” (Gilman, 3). She claims to “see a strange, provoking, formless sort of figure” (Gilman, 4) in the wallpaper. This type of hallucination and paranoia are not typical in a healthy woman. I recommend you remove her from the room with said wallpaper immediately.

Most importantly, she suffers from emotional abuse. This symptom will be the easiest to get under control. Throughout your marriage to Jane, she has become used to some forms of abuse that should not be occurring at all within a marriage. You like to laugh at her and she justifies it, because she thinks that “one expects that in a marriage” (Gilman, 1). I understand that you yourself are a physician, but you are not in the correct fiend for telling her that it’s simply a “temporary nervous depression” (Gilman, 1). Also, you do not treat her the way that a grown woman should be treated. You act as though she is your pet, calling her “little girl” (Gilman, 5). Your behavior toward her isn’t appropriate and it needs to stop immediately for her best chance to make a full recovery.

Therefore, it is my professional opinion that you are the cause of Jane’s problems. Your emotional torture has caused even greater issues in Jane’s life. I suggest that you spend some time apart while I put her on the proper medication that is needed for her condition. She needs time to recover to a proper emotional state so she can be a proper wife and mother. You also need a bit of time to learn the correct way to care for someone who is sick.

Please contact me with any additional questions about her new medication or possible treatment facilities.

Sincerely,

Taren Eddy, M.D.